



**The Peace of Childhood: Meditation with Children
August 1st - 3rd, 2023 - Tentative Schedule
All Times US Eastern (GMT +4)**

Underlined - Zoom and In-person

Italicized - In-person only

All Zoom Sessions will be recorded

Tuesday Aug 1st

Afternoon

3:00 pm *Check-in opens*
*Unless otherwise noted, talks will take place in Sister Ignatia Room
and meditation will take place in the Manressa Chapel.*

4:30 pm *In-person Welcome and Meditation*

5:00 pm *Reception-Wine & cheese - Magis Lounge*

5:45 pm *Dinner*

Evening

7:00 pm Welcome - Matt Reeves, USA National Chair

7:15 pm Patricia Moore - Pastides
Introduction to WCCM and Christian Meditation with Children

8:15 pm *Social (optional)*

Wednesday Aug 2nd

Morning

7:30 am *Meditation (20 min)*

8:00 am *Breakfast*

9:00-9:40 am Morning Talk - Fr Laurence

9:45-10:05 am Break out groups (6/group) 20 min

10:10-10:40 am Q&A w/ Fr. Laurence

10:45 am *Break*

Wednesday Aug 2nd (continued)

Midday

11:30 am Meditation (20 min)
12:00 pm *Lunch*

Afternoon

1:30-2:30 pm Noel Keating
(The child's experience of meditation and how they describe its benefits and deep fruits, discussion)
2:30-3:00 pm Q and A with Noel Keating
3:00-3:15 pm *Break*
3:20 - 4:00 pm Teacher's experience-Panel
4:15 - 4:45 pm Small groups (In person - Elementary Teachers, HS Teachers, Campus Ministers, Parish Staff, Parents/Grandparents; Zoom - groups TBD) - Resources, implementing meditation in classrooms and other environments discussion
4:45 pm *Break*

Evening

5:15 pm Meditation (20min)
5:45 pm *Dinner*
7:00-7:40 pm Building Resilience and the Role of Meditation with Children
Dr. Jean Clinton, Professor and Child Psychiatrist
7:45-8:20 pm Panel Talks, discussion
8:30 pm Meditation (20min)

Thursday August 3rd

Morning

7:30 am *Meditation (20min)*
8:00 am *Breakfast*
9:00-10:00 am Conversation and Questions - starting and sustaining Meditation with Children - follow-up and next steps...
10:15 am Closing Meditation
11:00 am *Farewells and Departures*