



*A Place of Peace.
Igniting Hearts.*

Board of Directors

John V. Biernacki
Chair

Fred Benda, SJ
Martin Connell, SJ
Ann Ertle

Michael Ferkovic, CPA
Diane Michutka Fraser
Hon. Laura Gallagher
Michael Gladstone

Sr. Rita Mary Harwood, SND
William Koeblitz
Barbara C. LaRose
Robert F. Linton, Jr.
Jackie McDermott
Paul V. Murphy
Ken Styles, SJ

Rick Krivanka
Executive Director
Barbara Leggott
Associate Director



Dear Friend of Jesuit Retreat House,

It is a great joy to begin this New Year living into the unfolding dream for JRH that has grown over the past 20 years. With the opening of our beautiful new addition this past summer, we are fulfilling the foundational hope "to better serve more people." In the Ignatian tradition, *magis* (Latin for "more") connotes a spirit of generous excellence and is oriented toward deeper union with God. Ultimately, more space for programs and prayer can support and strengthen more people on their journey with and toward God.

Visitors and guests have been very impressed by the design and uplifting feeling of our new space and how it enhances the entire facility. We began this new year with painting and new flooring in our dining room, and renovations will continue this year in the existing building.

We are very thankful to all who have supported our capital campaign to fund this project. We have now reached 81% of our \$8 million goal. For those who have not yet had the opportunity to participate in the campaign, please prayerfully consider how you can best express your care and support for JRH with a gift as we build the foundation for generations to come.

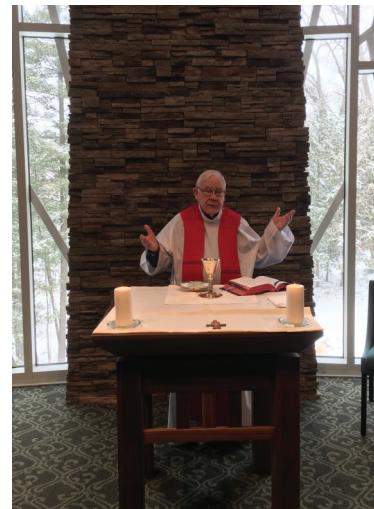
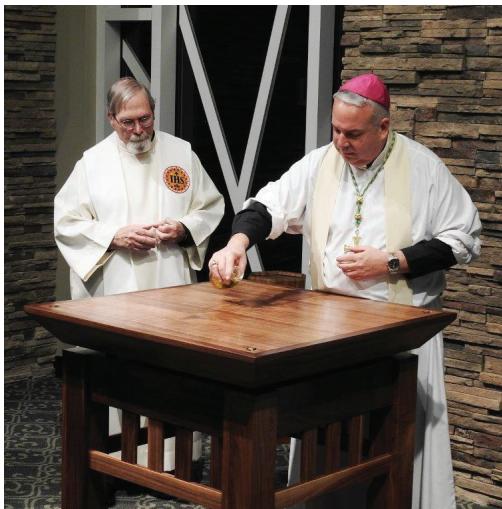
As we journey in this New Year, may we be ever open to the grace of our God with us.

God be with you,



"Behold, the virgin shall be with child and bear a son,
and they shall name him Emmanuel,"
which means "God is with us."
- Matthew 1:23

Richard S. Krivanka, *Executive Director*



Hearts on Fire May 11, 2018

Co-Chairs:
Laura & Bill Koeblitz
Laura & Dave Pratt

Honorees:
Casey Bukala, SJ
Martha Campbell
Brian Dean
Bob Hager

Bishop Nelson Perez dedicates new Manresa Chapel altar

On December 4th we welcomed Bishop Perez to dedicate the altar in our new Manresa Chapel, assisted by Fr. Matt Roche, SJ. *Photo by Carol Kovach.*

Fr. Howard Gray, SJ celebrates Mass in Manresa Chapel

On December 28th Fr. Gray was in town and celebrated Mass with friends. Manresa Chapel is in honor of Fr. Howard Gray, SJ and his spiritual leadership.

January 2018

January-March Programs

January 22 - 25

Women's Retreat - Spiritual Growth in the Gospel of Loving Kindness



Led by Sr. Mary Ann Flannery S.C., Sr. Mary Ann Spangler, HM & Sister Jeanne Tighe

Monday 3:00 pm - Thursday 12:30 pm

Cost: \$210

The concept of 'Loving Kindness' is gaining much attention among all religions although it stems from an Eastern concept applied to meditative prayer. We will explore the Gospels for their richness in this virtue, discuss how we can pray with Loving Kindness and grow deeper in it as we apply it in our lives. We will also explore writers and spiritual leaders, chief among them Pope Francis, to determine how kindness made them more peaceful in times of duress and challenge. And kindness can do the same for us. So get ready for a wonderful retreat!

Monday Lenten Luncheon Talks

Speaker bios available on the website

11:30 am - 1:30 pm Cost: \$30

February 19

Seeing With the Eyes of Your Heart

Presented by John Scarano

Using scripture, story, and reflections from over 35 years of ministry, we will take a fresh look at the way our faith informs the way we see this world and our place in it.

February 26

Savoring and Silence in Prayer

Presented by Rita Carfagna

How can Lent become a time to open ourselves more deeply to God's embrace? Two prayer practices: the Ignatian Examen and contemplative prayer invite us to explore and experience God's love.

March 5

Virtue and Grace: Another Approach to Lent

Presented by Fr. Dan Reim, SJ

Focusing on "good habits" and the "free gift of God" we will explore and expand our vision of Lent as a season that can be both challenging and uplifting.

February 2-4

Rosary Hall AA Men's Retreat

We are flawed, gifted and called:
The Spirituality of Imperfection
and The 12 steps

Presented by Bob Linton and Matt Pullar

6:00 pm Friday - 11:00 am Sunday

Cost: \$155



Bob and Matt are experienced retreat leaders, steeped in Ignatian Spirituality and the 12 steps. Their passion is helping men heal, find a relationship with their Higher Power, and become the men for others they were meant to be.

Comments from last year's Rosary Hall retreat:
"Loved the entire weekend." "Everything was awesome."
"This was the most impactful sober day of my life. The fellowship, unity and guidance will stay with me always."
"Personal stories really connected with my mind & spirit"

March 9-11

Women's Lenten Retreat

Lent: Journey to God's Dwelling Place!

Led by DonnaMarie Flanagan-Kaminsky

6:00 pm Friday - 11:00 am Sunday

Cost: \$170



Is Lent simply a check list of penitential practices or a spiritual journey? If a journey, when one starts on the trek, she must know where she is going. Saints

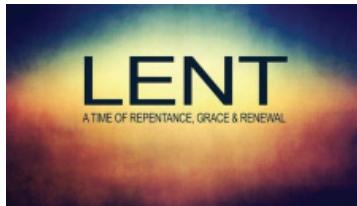
Francis and Clare of Assisi, the Desert Mothers and some contemporary Holy Women, who have travelled this path many times, are our guides for this unique pilgrimage. A surprise awaits you at your destination. Come!

DonnaMarie, a secular Franciscan, is experienced and professionally trained in Franciscan Spirituality and the Ignatian Spiritual Exercises and has also been involved in hospital chaplaincy and prison ministry.

March/April Programs

March 23-25

**The Meaning of Passion in Our Lives
Men's Lenten Retreat
Presented by Fr. Matt Roche, SJ
and Rick Krivanka
6:00 pm Friday - 11:00 am Sunday
Cost: \$170**



As we prepare to reflect upon the Passion of Jesus in Holy Week, we will take a deeper look at the meaning of passion in our

individual lives. While many helpful voices in our culture speak about the importance of discovering and living our passion, this word conveys a much deeper meaning. The root of the word "passion" is found in the Latin word "*passio*" which means "to suffer." We will explore the deeper connection between love and suffering in the spirit of Holy Week, and the place of passion in a life that is truly worth living.

April 6-8

**Sr. Ignatia AA Women's Retreat:
Exploring the Spiritual Gifts that give us
the "Courage to Change"
Presented by Katie Levis, Diane Garrity
and Sally Laux
6:00 pm Friday - 11:00 am Sunday
Cost: \$160**



As we welcome the changes that Spring brings to our lives, come join us in exploring the Spiritual Gifts that God has made available to each of us. This weekend is an invitation to share our

triumphs and our struggles. We can open our hearts to cultivate and experience the "Courage to Change".

Through talks, group discussions, prayer, meditation, healing service and AA fellowship, we leave the weekend with a renewed spirit and commitment to sharing our experience, strength and hope.

March 25 - 30

**Holy Week Individually Directed Retreat
& Days of Prayer
Cost: \$400 for 5 day retreat**

JRH will be offering Individually Directed Retreats during Holy Week. Come for a five day silent retreat with spiritual direction, following the Spiritual Exercises of St. Ignatius of Loyola. Spiritual Director will be Fr. Matt Roche, SJ. Cost of \$400 includes room, meals, director's stipend.



JRH will offer days of private prayer and reflection on Holy Thursday (March 29) and Good Friday (March 30) from 9:00 am - 3:00 pm. Free will offering.

This could be just the break you need in Lent to prepare yourself to enter the Paschal Triduum and welcome the joy of Easter!

Wednesday, April 11

**Back to the Family
Presented by David Eich
7:00 – 9:00 pm
Cost: \$20**



This presentation shares memories from 100 outstanding families nominated by National State Teachers of the Year who participated in a national study on parenting. Their stories demonstrate how the best of parents raise, and are raised, by their children. Over 11,000 years of parenting experience are shared from 32 pictorial vignettes addressing the power of communication, discipline, engagement, motivation, and spirituality.

David Eich is a seasoned health care executive with extensive experience in marketing and community engagement. As a keynote speaker, retreat leader, and author of five books, David says his greatest blessing is his family.

April Programs

Monday, April 16th

Eco-Spirituality:

Return to Awe & Wonder

Presented by Dr. Deborah Gries Zawislak

9:00 am - 3:00 pm Cost: \$45

Join us as we pray together with and for Earth. Pope Francis calls us to "an ecological spirituality that motivates us to a more passionate concern for the protection of our world" (*Laudato Si*, 216). Eco-spirituality is about experiencing the Holy in the natural world and recognizing our relationship to all creation. The retreat is an invitation to return to the awe and wonder of finding God in an expanding universe. Program includes individual reflection and prayer with and in the 57 acres of woods and meadows at JRH.



Deborah is a faculty member at JCU, executive coach, retreat leader, and spiritual director formed in the Ignatian tradition.

Tuesday, April 10

OR Sunday, April 29

Spiritual Direction: Is it for Me?
Presented by Martha Campbell,
Liz Cotter, and Joan Nuth

**Tuesday evening: 7:00 - 8:30 pm
Sunday afternoon: 4:00 - 5:30 pm**

Program offered twice; choose your preferred date

**There is no cost for this program;
advance registration is requested.**

Do you want to deepen your relationship with God? Have you heard about Spiritual Direction and wonder if it's for you? If so, you are invited to meet with experienced spiritual directors to address these questions as well as others you may have. This gathering will include information on what spiritual direction is ... and isn't ... and the process used at Jesuit Retreat House for helping you to find a spiritual director.

Wednesday, April 18

In Search of Happiness

Presented by David Eich

9:00 am – 3:00 pm Cost: \$45

During an apparition on February 18, 1858, in Lourdes, France, the Blessed Virgin Mary said to a local peasant girl, "I cannot promise you happiness in this world, only in the next." We can spend all our energy trying to figure out how to be happy in this world; or we can do what it takes to experience eternal happiness. This workshop will help to answer one key question: What can I do in this world that may well determine what I will do in the next?



You can learn more about David Eich in the April 11th program description.

Tuesday, April 24

From Death to Life: Learning from the Dying How to Live Fully

Presented by Martha Campbell, Psy D.

9:00 am - 3:00 pm Cost: \$45

The Easter Season is a time to engage the Living Christ whose resurrection teaches us that new life emerges from death. We'll explore the teachings of Jesus and witness wisdom offered by contemporary teachers, Frank Ostaseski, cofounder of the Zen Hospice Project and of Bonnie Ware, an Australian Hospice Care-Giver, as a way of entering more deeply into the meaning of the "fullness of life" promised us by Jesus. What is the essential wisdom that dying has to impart to all of us? The day will include presentation, time for personal reflection, and group discussion.

Martha Campbell is a lay contemplative whose spiritual journey has been informed by Carmelite spirituality and enriched by Ignatian teachings. She is a teacher, spiritual director, retreat leader and licensed psychologist.

May/June Programs

Thursday, May 3

Mary: A Model and Mentor for our Times

Led by Sr. Mary Ann Spangler, HM

9:30 am - 2:30 pm Cost: \$45

Pausing to ponder some familiar and not so familiar roles and images of Mary will be the focus of our reflection time. The day will include presentation, quiet time, devotional prayer and shared insights as ways to enrich our relationship with Mary as a model and mentor in our everyday living.



Sr. Mary Ann, a Sister of the Humility of Mary, is a retreat leader, spiritual director and is on staff for the Spiritual Directors' Formation Program at Villa Maria Education and Spirituality Center in PA.

June 4-8

Preached Retreat for Sisters:

Reflections on the Spiritual & Vowed Life

Led by Sr. Rosemarie Carfagna, OSU

5:00 pm Monday - 1:00 pm Friday

Cost: \$375

Join us for reflections on the spiritual and the vowed life with examples from well-known figures such as Cardinal Bernardin, Dorothy Day, Thomas Merton, Catherine Doherty and Henri Nouwen. The retreat will apply the themes of contemplation and life-crises to the lives and experiences of the retreatants.

Sr. Rosemarie has been an Ursuline sister for over 50 years. Previously she taught at Ursuline College. She has a doctorate in Spirituality and is the author of three books. Currently she is a member of the Coordinating Team at the Ursuline motherhouse.

Ignatian Currents

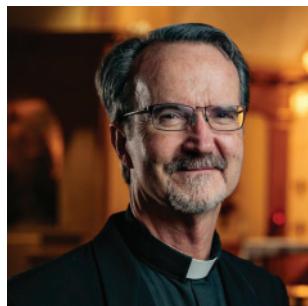
Friday, May 18 - Saturday, May 19

Praying with Ignatius:

Breathing into the Examen and The Prayer of Imagination

Presented by Fr. J. Michael Sparough, SJ

All are welcome. This program is relevant to a diversity of people and is a great follow-up for those who have participated in parish-based retreat programs (Praying with St. Ignatius) or SPA programs at St. Ignatius HS or Walsh Jesuit HS.



Ignatius considered the Examen the most important daily personal prayer practice one could do. Many of us know of this prayer. Few practice it consistently. Fr. Michael takes us through the basics of this fundamental prayer experience, and then breathes new life into it by opening its form and meaning. Re-encounter a familiar prayer you thought you knew.

One of Ignatius' distinct contributions to our spiritual heritage is teaching how to pray with our imaginations. Fr. Michael takes us deep into this experience with breath work, body postures, scripture dramatizations, and guided meditations. There will also be time for journaling, small group sharing, and reflections on how to lead others in this form of prayer.

Fr. J. Michael Sparough, SJ is a retreat director and spiritual director at Bellarmine Jesuit Retreat House in Barrington, IL. He holds an MFA from the Yale School of Drama and a Doctor of Ministry from St. Mary of the Lake in Mundelein, IL. He is the founder of Charis, a national Jesuit retreat ministry for young adults in their 20s and 30s and has trained spiritual directors at Loyola University-Chicago. He is a prolific writer and speaker and is heard regularly on radio in Cincinnati and in greater Chicagoland.

Registration will open on February 1st.

See website for full details about pricing options, including overnight and commuter rates.

Summer/Fall - Registration opens Feb 1st: *Some programs may sell out; first-come, first-served*

Individually Directed Retreats (IDRs): Call for further details on Spiritual Directors and Costs.

IDRs are a time of sacred silence, an invitation to step away from the stress and demands of daily responsibilities, and an opportunity to deepen your relationship with God through prayer. A spiritual director will accompany you and meet with you daily to offer guidance based on Ignatian spirituality.

Weekend: Fri., June 15 – Sun., June 17, Fri., June 22 – Sun., June 24 **30 Day:** Scheduled Individually.

8-Day: Monday, June 11 – Monday, June 18; Tuesday, June 19 – Tuesday, June 26; Thursday, July 5 – Thursday, July 12

Ignatian Yoga Retreat: The Yoga of Service - Suffering, Resurrection and Love in Action

Ignatian Yoga integrates two deeply rooted traditions that have stood the test of time – the spirituality of St. Ignatius and the practices of yoga and meditation. Program includes communal prayer, silent reflection, and group sharing, Mass, and 5 Ignatian yoga sessions: background and principles of Ignatian spirituality (the Examen, Spiritual Exercises, discernment, Ignatian Contemplation) and yoga practices (Breathing Meditation, Vinyasa Flow, Yoga Nidra, Yin Yoga).

Friday, June 29 – Sunday, July 1. Cost \$285/person. *Retreat leaders: Bobby Karle, SJ* - 8th year of Jesuit formation, teacher at Brebeuf Jesuit Prep, 500-hour yoga teacher & **Alan Haras** - Owner of Hamsa Yoga, founder Cardoner Institute for Contemplative Leadership; an 800-hour Dharma Yoga Teacher, Ignatian-trained spiritual director.

Married Couples Retreat: Falling in Love, Staying in Love and Finding God in it all!

Based on their book Falling in Love...Finding God – Marriage and the Spiritual Exercises of St. Ignatius Loyola, Bridget Brennan & Jerry Shen invite couples to reflect on their marriage journey. God is Love and we who dwell in Love dwell in God and God in us. That is the story of married couples. In loving one another we come to know more deeply God's transforming love in our lives. There will be presentations, time for couples to reflect on their own, prayer, and an opportunity to simply have some "down time" to relax and step away from the rush.

Friday, September 21 – Sunday, September 23. Cost \$500-560/couple based on single or double occupancy rooms.

Lay Leadership ~ Ignatian Outreach & Formation

Outreach:

This spring JRH is scheduled to present programs at:

Advent Lutheran Church, Mentor
"Embracing the Mystery"

Blessed Trinity, Cleveland
"Praying with St. Ignatius"

Fairmount Presbyterian Church, Cleveland Heights
"Living in the Spirit"

St. Ignatius of Antioch, Cleveland
"Pilgrim Way"

St. John Bosco, Parma Heights
"Living Prayer"

Church members should contact parish staff for information about registration, cost, and program dates and deadlines.

Formation:

JRH is offering the following programs for spiritual directors and retreat leaders:

Food for the Journey

4-part reflection series based on *Spiritual Pilgrims*

Nurturing the Call

10-part practicum: "Leading Contemplative Group Programs and Retreats"

THANK YOU

To all of the 2017 - 2018 leaders who have served on retreat teams or facilitated programs through "Lay Leadership":

Susan Antall, Sandy Appeldorn, Margaret Balewski,
Rev. Paul Barbins, Sr. Mary Ann Burke, SND,
Martha Campbell, Joan Carney, Patrick Cleary-Burns,
Mary Coffey, Liz Cotter, Debbie Dacone, Pat Dubiel,
Sr. Marian Durkin, CSA, Joyce Gordon, Kathy Haag,
Bill Hunt, Andy Kereky, Jackie Krejcik, Emma Krueger,
Laura Kuhn, Janet Lehane, Bob Linton,
Claudette Matero, Amy McKenna, Joan Nuth,
Ginny Pippin, Agnes Strada, Jean Sullivan

Communications Committee:

We thank Claudette Matero and Jean Sullivan for their years of service, connecting us with staff members at parishes throughout the diocese who are interested in JRH outreach programs. We welcome Laura Ramella who will join continuing committee members:

Margaret Balewski, Martha Campbell, and Fr. Doug Koesel.

To schedule a program at your faith community

or for more information about these programs:

contact Paula Fitzgerald, Program Director at

paulafitzgerald.jrhcle@gmail.com or 440.884.9300, ext. 316

Year Round Programs

Pre-Cana Days

12:45 - 8:00 pm Cost is \$85
January 14 February 25 March 11 April 8
May 6 June 10

Pre-Cana couples take time away from the flurry of wedding planning to reflect upon the Sacrament as it is lived each day. Married couples share witness stories, and time is set aside for one on one conversation. The day ends with Mass and dinner. Pre-Cana days at JRH meet diocesan requirements for marriage preparation.

Pre-Baptism Evenings

7:00 - 8:30 pm Cost is \$20
January 29 March 19

Morning Prayer for Women

January 29 February 19 March 26
April 30 May 14



Women from all walks of life are invited to pray together and learn more about the beauty of prayer. Led by Sr. Mary Ann Flannery, S.C., this prayer group will refresh your spirit and help you find strength in regular prayer habits. Just bring your Bible and come as you are! The morning prayer takes place on Mondays, 9:30-11:00 a.m., cost is \$8, and includes coffee and pastry. Registrations are encouraged, but walk-ins welcome.

January-June Calendar

January

January 7 - 14. 8 Day Individually Directed Retreat. Sr. Peggy Duffy, OSU & Fr. Matt Roche, SJ. \$575

January 22 - 25. Women's Retreat. Spiritual Growth in the Gospel of Loving Kindness. Sr. Mary Ann Flannery, SC, Sr. Mary Ann Spangler, HM, Sister Jeanne Tighe. \$210

February

February 2-4. Rosary Hall AA Men's Retreat. Presented by Bob Linton and Matt Pullar. \$155

February 19. Lenten Luncheon: Seeing With the Eyes of Your Heart. John Scarano. \$30

February 26. Lenten Luncheon: Savoring and Silence in Prayer. Rita Carfagna. \$30

March

March 5. Lenten Luncheon: Virtue and Grace-Another Approach to Lent. Fr. Dan Reim, SJ. \$30

March 9-11. Women's Lenten Retreat - Lent: Journey to God's Dwelling Place! DonnaMarie Flanagan-Kaminsky. \$170

March 23-25. Men's Lenten Retreat - The Meaning of Passion in Our Lives - Fr. Matt Roche, SJ and Rick Krivanka. \$170

March 25-30. Holy Week Individually Directed Retreat & Days of Prayer. \$400

April

April 6-8. Sr. Ignatia AA Women's Retreat. Katie Levis, Diane Garrity and Sally Laux. \$160

April 10. Spiritual Direction: Is it for Me? Martha Campbell, Liz Cotter, and Joan Nuth. No Fee.

April 11. Back to the Family. David Eich. \$20

April 16. Eco-Spirituality: Return to Awe & Wonder. Dr. Deborah Gries Zawislak. \$45

April 18. In Search of Happiness. David Eich. \$45

April 24. From Death to Life: Learning from the Dying How to Live Fully. Martha Campbell, Psy D. \$45

April 29. Spiritual Direction: Is it for Me? Martha Campbell, Liz Cotter, and Joan Nuth. No Fee.

May

May 3. Mary: A Model and Mentor for our Times. Sr. Mary Ann Spangler, HM. \$45

May 18-19. Ignatian Currents - Praying with Ignatius: Breathing into the Examen and the Prayer of Imagination. Presented by Fr. J. Michael Sparough, SJ. Pricing options available on website on February 1st.

June

June 4-8. Preached Retreat for Sisters: Reflections on the Spiritual and the Vowed Life. Sr. Rosemarie Carfagna, OSU. \$375.



Jesuit Retreat House of Cleveland

A place of peace. Igniting hearts.

5629 State Road
Parma, OH 44134

(440) 884-9300
www.jrh-cleveland.org

Non-Profit Org.
U.S. Postage
PAID
Cleveland, Ohio
Permit No. 3035

In Loving Memory

Each month we remember our benefactors with Mass. In a special way we remember our friends who have gone home to the Lord. We remember and pray for Mary Terese Blaha, Susan DiNardo, Charles DiSalvo, William Doran, Irene Doroszczuk, Kathleen Forschner, Ann Kutzar, Johanna T. Kowicki, Paul Kuderna, Robert Laheta, Diane Lang, Helen Solonyna. *Please let us know when you lose a loved one and we will add them to our Mass intentions.*



2017 Pillar Awards

On December 6th JRH was very honored when Rick Krivanka received the Nonprofit Executive Director of the Year Award as part of the *Medical Mutual Pillar Awards for Community Service* hosted by *Smart Business*. Over 400 people attended, celebrating the 20th year of this program. The awards were developed by *Smart Business* and *Medical Mutual* to honor businesses and individuals dedicated to making Northeast Ohio a better place to live, to demonstrate the relationship between the for-profit and nonprofit worlds, and to showcase best practices. JRH also received a \$5,000 gift.

Photo shows Rick and members of the JRH staff, Board and Committees along with Denise Dufala, an awards presenter.

Retreat Registration Form

Please send full payment along with this registration form to
Jesuit Retreat House, 5629 State Road, Parma, OH 44134 or register online at www.jrh-cleveland.org

RETREAT _____ RETREAT DATE _____

NAME _____ EMAIL _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

AMOUNT \$_____ Check enclosed Mastercard Visa ACCT#_____ CVV_____

SIGNATURE _____ EXP DATE _____